



feel

# Mailbox

## SOLIDARITY



**Aimed at:** Families

**Classroom Activity:** 8-16 years (adapted to each age group)

**Aim:** Raise awareness of how COVID-19 has affected children, youngsters, and their families, and invite them to participate in this solidarity campaign.

### Development:

The video testimonials and information collected will be used. Participants are to be given a letter handwritten by a child. This letter details how COVID-19 has personally affected them, both in terms of negative experiences and the opportunities it has given them (e.g. not going to school, getting to spend time with their family, taking care of them, etc.).

These letters will be uploaded to the website and a standard card requesting participation in the campaign will be attached. The message will suggest several means of participation, such as outreach, volunteering, program support, money transfers, etc.

The character Bla appears dressed as a mailwoman with a bag full of letters for every student (this part of the activity will be adapted to suit the age of the students). Bla is to use this opportunity to explain the “Restart to Transform” campaign to the students. She will then tell them that she has a letter for each of them.

Each envelope contains A **LETTER** (several students will receive the same letter, given the number of participants) and A **CARD**, which the students are to take home and read with their families.

They are to reflect on the letter at home and write a response, which they will later share with their class. The response should detail their experience of the pandemic, and the ways in which their families have adapted to alleviate their situation.

A “Solidarity Mailbox” is to be set up in every classroom (this could be an activity in itself) so that students are able to “send” their letters.

The students are to discuss the letters they received and how they chose to respond with their classmates. They should then anonymously “post” their letter containing a monetary contribution to the campaign.

### Materials:

Envelopes  
Website letters  
Website card  
Cardboard mailbox

